

BC DISPATCH

OCTOBER 2022

BEAR CREEK HIGH SCHOOL

9800 West Dartmouth Place
Lakewood, CO 80236
(303) 982-8855

Dear Parents and Guardians:

We have had a great start to the 2022-23 school year. We are enjoying building our community through gathering together for sporting events, student performances, homecoming festivities and parent teacher conferences without the restrictions that have been in place for the last few years. Our staff has done an amazing job getting our students off to a strong start this year. The staff's willingness to have an open mind to new ideas in order to help our students be successful shows just how dedicated our teachers are. Bear Creek continues to be a school that strives to put student relationships at the center of all we do and I am once again proud to say I am a part of it.

I want to thank our community for your dedication to our school and your willingness to let us try new interventions with the goal of maximizing student success. The morning late pass system has reduced our student tardiness by over 50%. It took some time to work out the logistics but we are seeing an improvement when it comes to students being in class and on time. Our BC Prep Class (formerly Access) has taken off and teachers are able to focus on students who need extra support while also providing opportunities to have fun playing flag football, joining a book club or offering a make-up test.

We are happy that student behavior has improved significantly from last year but we are still seeing some concerning trends. One issue we are seeing frequently is students "play fighting". We understand that students often have extra energy to burn, but students hitting, slapping or shoving each other for any reason will not be tolerated and can result in disciplinary action. It is difficult for staff and security to identify if students are fighting or playing and it often causes questions around if it's necessary to physically intervene. Please talk to your student about the safety issue that this rough-housing can cause and help them to understand that there are consequences for this behavior.

Lastly, in order to stay up to date on all Bear Creek High School news we encourage you to look for the Bear Bulletin, which is published every other week and sent to the email you provided in the Parent Portal. This newsletter will give you information on important dates, events and BC news. If you happen to miss it in your email you can always find the latest issue on the Bear Creek website. You can also follow us on social media to see all the fun, interesting and inspirational things our community is doing. The BC Dispatch will be published one more time this year in December and then we will transition to the Bear Bulletin as our main method of communication to families. Look for an annual BC Dispatch in the summer moving forward.

We are looking forward to continuing a successful school year. As always, please feel free to contact the school if you have any questions or concerns.

Sincerely,

Alison Shanor

Interim Principal

Ms. Alison Shanor

(she, her, hers)

Interim Principal

Bear Creek High School

303-982-8735



BEAR CREEK HIGH SCHOOL CALENDAR 2022-2023

10/3-10/4/22	9 th Grade Vision and Hearing Screening	10/19/22	Trunk or Treat/4:00 to 6:00 p.m.
10/7-10/8/22	Fall Play/Death by Chocolate/Auditorium/7 p.m.	10/20/22	Teacher Professional Development/No classes
10/11/22	Senior Panoramic Picture	10/20-10/23	Fall Break/No school
10/12/22	Fall Choir Concert	10/24-10/28	Wish Week
10/13/22	NHS Induction Ceremony/7:00 p.m.	10/27/22	Late Start
10/14/22	Picture Retakes	11/04/22	End of Second Six Weeks
10/18/22	Jostens Class Ring/Graduation Meeting	11/14/22	SAC Meeting/LMC/6:00 p.m.
		11/21-11/25	Thanksgiving Holiday/No school

BEAR CREEK HIGH SCHOOL PRESENTS SAFE HALLOWEEN TRUCK OR TREAT

North Teacher Parking Lot

October 19th
4:00 to 6:00 p.m.

All children under age 10 are welcome.



REQUIRED IMMUNIZATIONS FOR SCHOOL AGED CHILDREN

Please refer to the BCHS website at (bearcreekhs.jeffcopublicschools.org) and click on the Family Tab.

Look under the Health Information – then Immunizations FAQ, to review all required and recommended shots.

Please note the CDC requires ALL students to have 2 shots for Varicella (chickenpox vaccination). If your student has received a second shot for Varicella, please send a copy of their shot record to the Health Room, to be entered into our records.

WORK PERMITS

According to the “Colorado Youth Employment Opportunity Act of 1971” a “Work Permit” is actually called a “School Release Permit.” This permit allows a minor fourteen or fifteen years of age to work on school days during school hours.

Bear Creek High School does not give School release Permits because we believe that during school days and school hours, students age fourteen and fifteen should be in school, as provided by the Colorado School Compulsory Attendance Law.

Students who desire to work during non-school hours on school days or on weekends do not need a School Release Permit. Our school hours are from 7:15 a.m. to 2:30 p.m. A student’s schedule varies from semester to semester.

A birth certificate can be used to provide evidence of age.

NEWS AND EVENTS

YEARBOOK INFORMATION FOR SENIORS

**Senior yearbook items are due October 21st!
Don't delay as late submissions will not be accepted!**

Upload senior photos, quote photos, and buddy photos. Enter in the description if it is the main senior photo or the quote photo AND rename the file (lastname_firstname_primary for senior pic, lastname_firstname_secondary, for quote pic, lastname_firstname_buddy1 for buddy pics). Buddy pics cost \$1 each; students may submit up to 5.

**Pay your \$10 photo fee on Infinite Campus under the "Fees" section.
Fee is required for students submitting a senior photo.**

Visit theyearbookcompany.com to submit a baby ad.

MILITARY RECRUITERS, POSTSECONDARY INSTITUTIONS AND PROSPECTIVE EMPLOYERS RECRUITING

Provisions of the federal No Child Left Behind Act of 2001 (NCLB) requires educational institutions to provide military recruiters, institutions of higher education and prospective employers, access to secondary school students' names, addresses, and telephone listings. Colorado law states that school districts have 90 days to comply with any military recruiter's request for this information.

NCLB also states that a secondary school student or the parent of the student may request that the student's name, address and telephone listing not be released without prior written consent, and the educational institution will notify parents of this option.

District policy [KLMA](#) was created to provide high school students with an appropriate way to obtain accurate information regarding potential careers, employers (including the military), and postsecondary educational opportunities, and to provide students convenient access to recruiters representing organizations which provide these kinds of opportunities.

Parents need to log on to Jeffco Connect, click on Agreements on the left-hand side, read the policies and agree to the terms by selecting a designated link.

PREVENT THE SPREAD OF ILLNESS

Simple precautions can help limit the spread of illness and infectious disease:

- Wash hands frequently and thoroughly with soap and running water. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching hands to eyes, nose, or mouth.
- Cough or sneeze into your elbow if you do not have a tissue. Otherwise, cover your nose and mouth with a tissue, throw the used tissue into the wastebasket and thoroughly wash your hands.
- Stay home when you are sick.
- Avoid close contact with individuals who are sick.
- Avoid sharing of water bottles, mouth guards or instrument mouth pieces.
- Avoid sharing of eating utensils, drinking glasses or personal items such as towels, razors or makeup.
- Talk with your health care provider about age appropriate immunizations including an annual influenza vaccine.
- Stay healthy with nutrient rich foods, plenty of water, exercise every day and plenty of rest each night.

Attendance FAQs

Regular daily attendance is a major contributor to success in school and a critical component to life-long learning and career preparation. Students are expected to be punctual and in the classroom prepared to work when the tardy bell rings. Student attendance is the responsibility of the student, the parent, and the school --- in that order. Please review the helpful FAQs in this newsletter to help facilitate the best attendance follow-up possible for your student.

How will I know if my student missed a class or was tardy to a class?

You can set up notifications through Infinite Campus or each afternoon the automation system will begin making calls in regard to missed classes or tardies. If you have questions about these absences or tardies, first talk with your student, then contact the teacher. To ensure you receive calls, please make sure your information is up to date in Jeffco's Personal Account Manager.

What are my responsibilities as a parent or guardian in regard to absences?

1. To maintain communication with your children regarding attendance
2. To recognize that any absence, regardless of cause, has a possible detrimental influence on student achievement
3. To contact the school in a timely fashion based on the school's reporting procedures regarding absences and in the case of extended home confinement, request makeup assignments
4. To monitor the makeup work of the student who has missed class
5. To attend and participate in school attendance conferences when requested
6. To recognize that student attendance at school is a collaborative effort between the home and school.

What if my student would rather study in the library or the cafeteria than attend a class, can a parent or guardian excuse that?

If a student is on campus and has a scheduled class, they are expected to attend their class. These absences will not be excused.

Who do I call to excuse an absence?

Please utilize the attendance line to report all excused absences or tardies. That number is 303-982-8813. In order to excuse a tardy or absence, there must be a reason provided and the reason must be an approved excuse according to the district expectations. You can find these outlined in the code of conduct.

Why does the school ask the parent to provide the reason for the absence?

The reason for the absence allows the school to appropriately code each absence and follow up when necessary.

What does the district/school consider an excused absence?

1. A student who is temporarily ill or injured or whose absence is approved by the school administration on a prearranged basis. Prearranged absences shall be approved for appointments or circumstances of a serious nature only which cannot be taken care of outside of school hours.
2. A student who is absent for an extended period due to physical, mental or emotional disability.
3. Excused absences include funerals, illness, injury, legal obligations, medical procedures and religious observations, and extenuating circumstances determined by the principal.
4. A student who is attending any school-sponsored activity or who is receiving Jeffco educational services shall not be considered absent for attendance reporting purposes.

5. A student who is visiting a parent or guardian who is an active duty member of the uniformed services and has been called to duty, is on leave from, or immediately returned from deployment to a combat zone or combat support posting shall not be considered absent for attendance reporting purposes.

What happens if the teacher makes a mistake with attendance?

Mistakes will occur, but they are easily corrected. Please have your student work directly with the teacher first. Then, if needed, we can involve a building level administrator.

Tell me more about these 1st period tardy/Raptor Passes that kids are getting?

It is important to all of us at Bear Creek that students are in their classrooms on time. This is the best way to create positive relationships and find academic success in the classroom. To help all students get to first period on time, we have a new system at the front security desk. Students that arrive at school after 7:15am will be required stop at the security desk, give their name, and then receive a tardy slip. This slip will be your ticket to enter your 1st period class and students will not be allowed in without one in hand. If students are late to first period without a tardy slip, they will be sent back down to the Main Office to get one. We have already seen great success with this system and we look forward to seeing more and more student in class.

How many absences are too many?

We would like students to be in attendance to all of their classes every day. The reality is that things do occur that prevent that, such as illness and family situations.

What are the consequences for tardies and absences?

The consequences could include any one of the following: parent contact, parent meeting, 1 hour detention, 2 hour detention, full day of In School Suspension, truancy letters/court.

What is a home visit?

If attendance continues to be an issue with a student, the district may conduct a home visit or someone from Bear Creek may stop by. The goal is for students to be in attendance and understand the importance of being at school.

Does poor attendance affect my student's grades and performance?

Yes, attendance can affect your student's academic performance. Some classes' grades are calculated based on attendance. Missing instruction and not following up will always have a negative effect on academic performance.

What is the truancy law?

Every child who has attained the age of 6 years on or before August 1 and is under the age of 17 years is required to attend public school, with such exceptions as provided by law. This does not require a child who begins attending preschool or kindergarten at 5 or 6 years of age to advance to 1st grade in the following school year.

Every parent of a child who has attained the age of 6 years on or before August 1 and in under the age of 17 years shall ensure that the child attends public school unless the child is enrolled in an independent or parochial school or a non-public home-based educational program.

LEGAL REFS.: C.R.S. 22-33-101 to 205 (school attendance law)

Is truancy a criminal offense and will it appear on my student's permanent record?

Truancy is not a criminal offense. The records we keep connected to attendance are used in the court system and can be requested by law enforcement or the courts.

How can I get support to help me with my student that refuses to attend school?

If you are struggling with your student, please contact your student's administrator. You can also contact Drop-Out Prevention at (303) 982-6559.

How do I get my student out of class?

Parent/Guardian can call the Main Office at (303-982-8855) the day of the early release and request their student be in the main office at a specific time. Please give as much advance notice as possible. If the parent/guardian comes into the school and signs out the student, the student will be excused. If the parent/guardian does not come into the Main Office, then the parent/guardian needs to call the attendance line (303-982-8813) to excuse the student's absence. Please try to be attentive to student/school schedules when making appointments for your students. There are times when students are in activities and we are not able to locate them.

Students always need to sign in and out of the Main Office if they are leaving or coming in late during the day.

9th grade students need to be signed out by a parent/guardian in the Main Office anytime they leave school. 9th grade students are not allowed off campus during lunch.

10th, 11th, or 12th grade students are allowed to leave the school without permission during their lunch period.

Alison Shanor	(303) 982-8735	Principal
Angela Bauer	(303) 982-8729	Discipline/Attendance 9 th -12 th (Rj-Z)
Jose Martinez	(303) 982-8776	Discipline/Attendance 9 th -12 th (F-L)
Zach Morris	(303) 982-8822	Discipline/Attendance 9 th -12 th (A-E)
Tia Nemitz	(303) 982-8817	Discipline/Attendance 9 th -12 th (M-RI)
Leslie Hillen	(303) 982-2819	Dean of Students

BEAR CREEK HIGH SCHOOL ATTENDANCE POLICY ATTENDANCE LINE (303) 982-8813

In order for a parent/guardian to excuse a student's absence, a call to the Attendance Line or in-person contact in the Main Office must be made by 3:00 p.m. the day after the absence (24 hours). In order to NOT receive the automated attendance call, you must excuse your student prior to 3:00 p.m. THE DAY OF THE ABSENCE. For the full policy, please refer to the Code of Conduct available to families on the [district's website](#).

When leaving a message on the attendance line, please be as specific as possible. State the date of the absence. Use the student's legal name (not a nickname) and spell the last name if it is difficult or unusual. State the student's grade level. Give a reason for the absence. Give your name and relationship to the student and a phone number where you can be reached during the day. A reason MUST BE GIVEN for the absence in order for it to be excused.

The importance of regular, daily attendance as a basis for academic achievement cannot be overemphasized. Please make every effort to support your student's attendance at school.

**FOR ANY OTHER ATTENDANCE QUESTIONS PLEASE CONTACT
JENNIFER ZERCHER AT (303) 982-9657**

TIDBITS

Written notes WILL NOT be accepted to excuse a student. Parents must call the attendance line or sign them out of school in the Main Office for an absence to be excused.

Students arriving late or leaving early need to check in/out of the Main Office.

A good script for a message: Today, October 24th, my 10th grade student, John A. Smith needs to be excused from periods 1, 2 & 3 for a doctor's appointment. He will sign in the office on his return. This is Pat, his mom. You can reach me during the day at 303-000-0000.

Teachers mark the students absent or tardy at the classroom level. If a student is marked absent, and they were present in the class, please have the student talk with that teacher.

IMPORTANT

If you choose **NOT** to have phone calls sent to your home, please understand, if we have an emergency situation at the school, the phone dialer is our way of communicating with you. It is imperative that you fully understand this if you make the decision to **NOT** receive phone calls from the school. To add or adjust your telephone number, please update your Jeffco Connect Profile.

PREARRANGED ABSENCE FORMS

Prearranged absence forms are for students who know they will be out of school **prior to the absence**. The form is used for absences of three days or more. The forms are available from Lori Johns in the Main Office. The student completes the form by getting the appropriate signatures from their teachers. A parent signature is required. The form is then returned to their administrator for final approval and signature.

HOMEWORK REQUESTS

If your student is out of school for three or more days and you want homework, the best way is to contact your student's teachers directly. Teacher phone numbers and email addresses are on our website at bearcreekhs.jeffcopublicschools.org. Some teachers also have web sites where students can access homework assignments.

InfoFinder i is Available to Parents

Jeffco parents can find bus route information online using the new InfoFinder i available through the district's Website at:

<http://www.jeffcopublicschools.org/transportation/>

InfoFinder i is a web-based program that allows parents easy access to their student's bus stop and bus route information.

NOTICE REGARDING THE DISTRICT'S SECTION 504 PARENT GUIDE

The District's Parent Guide to Section 504 of the Rehabilitation Act of 1973 ("Parent Guide") has been revised and updated. The updated Parent Guide is available on the District's website at:

<http://www.jeffcopublicschools.org/health/section504.html>. Copies of the Parent Guide are also available in each school building and may be obtained from the principal's office. Section 504 of the Rehabilitation Act of 1973 ("Section 504") and the Americans with Disabilities Act ("ADA") prohibit discrimination against individuals with disabilities in any program receiving federal financial assistance. The Jefferson County Public School District is committed to ensuring compliance with Section 504 and the ADA. Accordingly, no discrimination against any persons with a disability shall knowingly be permitted in any program or practice in the District. The District further acknowledges that it has the responsibility to provide accommodations, adjustments, modifications, and necessary services to eligible student and other individuals with disabilities.

If you believe that your student with a disability has been denied an accommodation or service as a result of inappropriate weighing of available resources or if you have any questions or concerns related to Section 504 or the provision of appropriate services for your student with a disability, please do not hesitate to contact your student's building principal.

EMERGENCY SCHOOL CLOSURES

It's time again this year, to start planning for cold weather and possible school closures.

In cold weather, students should be dressed appropriately. It is sometimes difficult to get kids to wear coats and warm clothing to school. High school students complain about stuffing a large coat in a school locker, but every

student should go to school prepared for inclement weather. You never know when a fire alarm will send kids outside. Stress wearing warm layers and shoes in order to be ready for an emergency.

Families should also have a snow closure plan. The district tries to give parents advanced notice of school closures, but the weather changes quickly and parents should have child care and alternative transportation plans pre-arranged.

When inclement weather is forecast, Jeffco Public Schools employees are already planning. A private weather service is consulted for the latest updates to weather radar and imaging. When snow starts to fall, the highway patrol and law enforcement agencies across the county are consulted. Jeffco's own bus drivers and transportation workers serve as an additional resource regarding road conditions.

The district makes every effort to decide and announce decisions to close schools before 6 a.m. Once a decision is made, a message will be sent to Jeffco families via phone, email and text message. Parent contact information should be kept up-to-date through [Jeffco Connect](#). Log on now, to make sure your information is correct. The local media will also be notified and social media updated. The district's telephone hotline at 303-982-6600, and the school system [website](#) will also contain the latest information. School websites should be viewed throughout the day for changes to school-specific events.

When there is bad weather, the safety of students and staff is the number one consideration. The district makes every effort to make knowledgeable, informed decisions about school closures. Ultimately, parents are the primary protectors of their children and will need to decide what is best for them, regardless of any decision by the school district. The option to keep children home due to weather and road conditions is always at the parents' discretion and the school district understands and respects the decision. Parents can contact the school and arrange for an excused student absence.

Read the [Jeffco Public Schools Alerts & Security page](#) for additional information.

SEX OFFENDER REGISTRY

The State of Colorado passed a law in 2003 requiring public schools to provide parents and guardians with a statement about how they can access information regarding registered sex offenders in their law enforcement jurisdiction.

The sex offender registry provides the public with certain information on the whereabouts of sex offenders so that members of local communities may better protect themselves and their children from these known sex offenders.

In Jefferson County, parents and guardians can request the sex offender registry by contacting your local law enforcement agency. Registry information is released to any person 18 years or older residing or doing business in the law enforcement agency's jurisdiction. You can also check the Colorado Bureau of Investigation (CBI) website - <http://sor.state.co.us> - that contains a statewide list of certain *high-risk* registered sex offenders.

In addition, the Colorado Sex Offender Management Board publishes the School Resource Guide to Sex Offender Registration, including information about the list itself and facts about sex offenders. Access this link for a copy of the resource guide:

<http://dcj.somb.state.co.us/home/resources>

SAFETY MESSAGE FOR PARENTS

We are very excited about this school year and we want to ensure that our students have a wonderful and safe year. We are asking every parent to discuss safety with their child.

- Please talk to your child about safe behaviors. Instruct your child to never go anywhere, or accept anything from strangers. Tell them never to get in a

car with someone unless they have your permission.

- Reinforce safe behaviors with your child and tell them to always be aware of their surroundings. If a stranger approaches your child, whether it is at school or outside of school, be sure that your child knows what to do: yell or shout, run away and immediately tell an adult.
- Stress to your child the importance of going straight to school and coming home immediately. If your student walks to school, please try to arrange a safe route with other students. Walk in groups of at least two.
- If your child is young, please teach them their home address and how to get in touch with you or another trusted adult.
- Make safety part of your everyday routine.

Knowledge about safety will help our students feel confident and ready to learn. We are looking forward to a great school year.

If you have any questions, please feel free to call the school.



THE COUNSELOR CORNER

Welcome back BEARS! The Bear Creek Counselors want to welcome students and parents to utilize the services we offer. BCHS Counselors are here to assist students with academic/educational, social/emotional and career/college/post high school planning. If we can be of assistance during the year, please contact us:

A-E **Kristen Kofoed** kristen.kofoed@jeffco.k12.co.us
(303) 982-8721

M-Ri **Joy Pearson** joy.pearson@jeffco.k12.co.us
(303) 982-5283

F-L **Gretchen Slaughter**
gretchen.slaughter@jeffco.k12.co.us (303) 982-0109

Rj-Z **Melanie Ryer** melanie.ryer@jeffco.k12.co.us
(303) 982-8777

Intervention Counselor **Allison Erwin**
allison.erwin@jeffco.k12.co.us (303-982-8647)

SOCIAL/EMOTIONAL RESOURCES FOR STUDENTS AND PARENTS

If you are needing resources around mental health, substance use, or emotional support for yourself or someone you know, options for help are listed here:

- Jefferson Center for Mental Health: 303-425-0300 or <https://www.icmh.org/>
- Colorado Crisis Center: Available 24/7/365. 1-844-493-TALK (8255), Text TALK to 38255, <https://coloradocrisisservices.org/>
- Contact your student's counselor or visit the Bear Creek High School website, counseling tab, for additional referrals
- Please visit the grade level counseling google classrooms for more information.
- National Mental Health Number - 988

ACADEMIC/EDUCATIONAL RESOURCES

If students are struggling, encourage them to utilize their Connections time, free period and contact teachers for after school support time. The N105 Tutoring Room is also staffed with an English or Social Studies teacher and a Math or Science teacher every hour of the day. If they do not know how to access these resources, or need additional resources, they should check in with their teacher or counselor. **TIP:** Parents, utilize the Parent Portal and teachers' websites to check assignments, grades, and attendance. Make sure your student has an organizational and calendar system they use to keep track of all assignments, tests, and due dates.

CAREER/COLLEGE RESOURCES

The Counseling Department recommends that families explore the resources available through **Naviance**. It is a web-based program used to investigate careers, to search for and apply to colleges, to sign up to meet with college representatives, to complete letter of recommendation forms, and to access scholarships. Counselors also use this tool to communicate information about college visits and scholarship opportunities. **Naviance** can be accessed at any time from the Counseling page of the Bear Creek website <https://student.naviance.com/bearcreek>. Students log-in with Clever and use their regular Jeffco user name and password.

Please also have your student join their grade level counseling google classroom for further opportunities, resources and supports:
Senior Counseling Google Classroom: 577xob6
Junior Counseling Google Classroom: pilhyvr
Sophomore Counseling Google Classroom: v42xcyo
Freshman Counseling Google Classroom: 2ktvkzn

Please also review the Friday Counseling Blast sent out by email. If you are not able to view or have not received an email, please contact Michelle Yeager in the counseling office – michelle.yeager@jeffco.k12.co.us

Need help staying organized as you plan for college? Check out this link: <https://mappingyourfuture.org/collegeprep/seniorcalendar.cfm>

College NIGHT! ROAR (Regional Officers of Admission of the Rockies) is offering a Fall College Night at BCHS on Tuesday, October 18th from 5:45 – 8:00. There will also be additional support for FASFA (Free Application for Federal Student Aid) completion.

FREE COLLEGE APPLICATION DAY\$ are October 18th – 20th. Applications for colleges in Colorado can be submitted on this day for no application fee. For details: <https://higherred.colorado.gov/cofreeappdays>

Financial Aid Workshops (Remember FAFSA opens October 1st, 2022)

Please visit <https://studentaid.gov/> for information about the Free Application for Federal Student Aid and to complete the application. Not able to apply for the FAFSA, check out the CAFSA for more options: <https://cdhe.colorado.gov/colorado-application-for-state-financial-aid>

Scholarships: Please view the information on scholarships through the Bear Creek High School Senior Google Classroom page. Please also schedule an appointment with your counselor with any questions about how to find scholarships and questions about application.

Testing

SAT TEST DATES

November 5, 2022
December 3, 2022

BCHS School Testing (CEEB) Code: **061043**

REGISTRATION DEADLINES

October 7, 2022
November 3, 2022

LATE REGISTRATION

October 25, 2022
November 22, 2022

Colleges and Universities in Colorado have become test optional as far as admissions for the fall of 22 school year but please contact your specific school's admission advisor to determine if you need to submit a SAT Score. See your counselor if you need any further support concerning SAT scores.

SAT Test Dates, Registration, Test Prep, & Score Reporting online at www.collegeboard.org

ASVAB Testing at Bear Creek High School

October 20th in the morning, no classes that day. October 20th is for invited senior students only as an opportunity to earn their math and verbal graduation requirements. Future ASVAB test dates will be determined and posted. Please contact Melanie Ryer about additional questions concerning the ASVAB: melanie.ryer@jeffco.k12.co.us

Advanced Placement (AP)

Advanced Placement (AP) Exams May 2023: updated information can be found on the BCHS website under counseling tab for test dates and information. Please contact Joy Pearson with questions.

SEL UPDATE:

We are excited to announce our new prevention counselor, Ms. Erwin, to the team. She will be working with students on 504's and social-emotional learning.

SEL quick tips-Questions to ask that build social emotional skills:

- 1) **Self-Awareness:**
 - a. What are my thoughts and feelings?
 - b. What causes those thoughts and feelings?
 - c. How can I express my thoughts and feelings respectfully?
- 2) **Self-Management:**
 - a. What different responses can I have to an event?
 - b. How can I respond to an event as constructively as possible?
- 3) **Social Awareness:**
 - a. How can I better understand other people's thoughts and feelings?
- 4) **Relationship Skills:**
 - a. How can I communicate my expectations to other people?
- 5) **Responsible Decision Making:**
 - a. What consequences will my actions have on myself and others?

